April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 HAPPY EASTER **11:30** Easter Brunch / DR * * 2:30 Church Service / EDR ***5:00*** ***NO RESIDENT POTLUCK*** 6:30 Rummikub / AR	**2** **9:00** Medical Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 10:15 The Writer's Club / 4th FAR **11:00** Meeting with Matt / LB 1:30 Art Workshop / AR **2:00** Shopping at Bi-Mart and Grocery Outlet * **2:00** Singing with Steven / LB 6:30 Pinochle / AR	**3** **9:00** Medical Transportation * * **9:30** Bank / P.O. * 10 & 11 Sit-n-Stretch / AR **10:30** Shopping at Fred Meyer * **11:30** Mt. Man Nut & Fruit Co. / LB 1:00 Bible Study / AR **2:45** Ted's Mobility / LB 6:30 Rummikub / AR	**4** 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR **11:30** Lunch at the Cazadero Inn * **3:00** Bean Bag Baseball / EDR 6:30 Rummikub / AR	**5** **9:00** Open Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 1:00 Memory Games / AR 2:30 Bingo / AR 6:30 Scrabble / AR **7:00** Book Club / 4th FAR	**6** **9:30** Bank / P.O * 10 & 11 Sit-n-Stretch / AR **10:30** Shopping at Safeway * **11:45** Walgreens / Walmart Grocery / Dollar Tree / Library * **1:00** Tai Chi / AR **3:00** Wii Bowling & Popcorn / AR 6:30 Pinochle / AR 6:45 Mexican Train Dominoes / LB	**7** **10:00** Weekend Walkers / LB * **10:30** Current Events / 4th FAR **11:30** Open Transportation * * **1:30** Movie & Popcorn / AR (A Five Star Life) 7:00 Bingo / AR
8 **2:30** Church Service: Performance by the North Clackamas Christian School Choir / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	**9** **9:00** Medical Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 10:15 The Writer's Club / 4th FAR 1:30 Art Workshop / AR **2:00** Shopping at the Milwaukie Marketplace * **2:30** Performance by Gabriel Guerrero / EDR 6:30 Pinochle / AR	**10** **9:00** Medical Transportation * * **9:30** Bank / P.O. * 10 & 11 Sit-n-Stretch / AR **10:30** Shopping at Fred Meyer * 1:00 Bible Study / AR **3:30** Cracker Barrel with Karen and Velma / EDR 6:30 Rummikub / AR 7:00 Bunco / EDR	**11** 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR **12:30** Shopping at Al's Garden Center * **2:00** Autoharp Class / AR **3:00** Bean Bag Baseball / EDR 6:30 Rummikub / AR	**12** **9:00** Open Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 1:00 Memory Games / AR 2:30 Bingo / AR **5:00** Birthday Dinner / DR (sign up at the front desk if it's your birthday month.) 6:30 Scrabble / AR	**13** **9:30** Bank / P.O. * ***10 & 11*** ***NO SIT-N-STRETCH TODAY*** **10:30** Shopping at Safeway * **11:00** Garments on the Go / AR **11:45** Walgreens / Walmart Grocery / Dollar Tree / Library * **1:00** Tai Chi / AR ***3:00*** ***NO WII BOWLING TODAY*** 6:30 Pinochle / AR 6:45 Mexican Train Dominoes / LB	**14** **10:00** Weekend Walkers / LB * **1:30** Movie & Popcorn / AR (The Age of Adaline) 7:00 Bingo / AR
15 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	**16** **9:00** Medical Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 10:15 The Writer's Club / 4th FAR 1:30 Art Workshop / AR **2:00** Shopping at Trader Joe's * **2:00** Singing with Steven / LB 6:30 Pinochle / AR	**17** **9:00** Medical Transportation * * **9:30** Bank / P.O. * **9:30** Treats are Served / EDR 10 & 11 Sit-n-Stretch / AR **10:00** Resident Council / EDR **10:30** Shopping at Fred Meyer * 1:00 Bible Study / AR **2:00** Watercolor with Melissa / 4th FAR 6:30 Rummikub / AR	**18** 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR **10:30** A Visit to the Oregon Territory Museum and Lunch at The Highland Stillhouse * **3:00** Bean Bag Baseball / EDR 6:30 Rummikub / AR	**19** **9:00** Open Transportation * * **9:30** Eyeglass Adjustment / LB 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 1:00 Memory Games / AR **1:30** Blood Pressure Checks with Willamette View / LB **2:00** Hearing Clinic / 4th FAR 2:30 Bingo / AR **6:15** Hope Teams International Benefit Concert * * 6:30 Scrabble / AR	**20** **9:30** Bank / P.O. * 10 & 11 Sit-n-Stretch / AR **10:30** Shopping at Safeway * **11:45** Walgreens / Walmart Grocery / Dollar Tree / Library * **1:00** Tai Chi / AR **3:00** Wii Bowling & Popcorn / AR 6:30 Pinochle / AR 6:45 Mexican Train Dominoes / LB	**21** **10:00** Weekend Walkers / LB * **1:30** Movie & Popcorn / AR (Me Before You) 7:00 Bingo / AR
22 EARTH DAY 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	**23** **9:00** Medical Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 10:15 The Writer's Club / 4th FAR 1:30 Art Workshop / AR **2:00** Shopping at the Oregon City Shopping Center * **2:30** Performance by the Milwaukie Center Singers / EDR 6:30 Pinochle / AR	**24** **9:00** Medical Transportation * * **9:30** Bank / P.O. * 10 & 11 Sit-n-Stretch / AR **10:30** Shopping at Fred Meyer * 1:00 Bible Study / AR **2:30** Sewing Group Planning Meeting / AR 6:30 Rummikub / AR 7:00 Bunco / EDR	**25** 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR **10:00** Breakfast at Biscuits Café and a Visit to the Wooden Shoe Tulip Farm * **2:00** Autoharp Class / AR **3:00** Bean Bag Baseball / EDR 6:30 Rummikub / AR	**26** **9:00** Open Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 1:00 Memory Games / AR 2:30 Bingo / AR 6:30 Scrabble / AR **7:30** DVD: The Righteous Brothers in Concert / EDR	**27** **9:30** Bank / P.O. * 10 & 11 Sit-n-Stretch / AR **10:30** Shopping at Safeway * **11:45** Walgreens / Walmart Grocery / Dollar Tree / Library * **1:00** Tai Chi / AR **2:15** Happy Hour at Homewood Heights * **3:00** Wii Bowling & Popcorn / AR 6:30 Pinochle / AR 6:45 Mexican Train Dominoes / LB	**28** **10:00** Weekend Walkers / LB * **1:30** Movie & Popcorn / AR (5 Flights Up) 7:00 Bingo / AR
29 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	**30** **9:00** Medical Transportation * * 10 & 11 Sit-n-Stretch / AR **10:00** Yoga / EDR 10:15 The Writer's Club / 4th FAR 1:30 Art Workshop / AR **2:00** Shopping at Bi-Mart and Grocery Outlet * **2:30** Performance by Monte Watters / EDR 6:30 Pinochle / AR					

Key

AR: Activity Room
CY: Courtyard
LB: Lobby
EDR: East Dining Room
DR: Dining Room
4th FAR: 4th Floor Activity Room

Key Requirements

* Sign-up in the Activities Book, located in the lobby, to attend this activity.

* * Sign-up at the front desk to attend this activity.

Transportation News:

Wednesdays are reserved for our weekly outings. To help with your appointment planning, there will be **NO** scheduled transportation on Wednesdays. Thank you for understanding.

aPRiL

Lunch at the Cazadero Inn on Wednesday, April 4th at 11:30am.

Shopping at Al's Garden Center on Wednesday, April 11th at 12:30pm.

A Visit to the Oregon Territory Museum and Lunch at The Highland Stillhouse on Wednesday, April 18th at 10:30am

Hope Teams International Benefit Concert on Thursday, April 19th at 6:15pm.

Breakfast at Biscuits Café and a Visit to the Wooden Shoe Tulip Farm on Wednesday, April 25th at 10:00am.

Granny's Attic

Homewoods Treasures

Open Monday—Friday
1:00pm-3:00pm
Located on the 2nd Floor

April Entertainment

The North Clackamas Christian School Choir will perform on Sunday, April 8th,during our afternoon church service. Their beautiful voices and song selections guarantee that your toes will be tapping!

Accordionist Instrumental Song Stylist Gabriel Guerrero presents "April in Paris" - A musical variety program that includes material from the "Great American Song Book." Gabriel has been presenting his musical offerings in a variety of venues for 30 years. Gabriel will be performing for us on Monday, April 9th at 2:30pm.

The Milwaukie Center Singers are well known! They're energetic, fun, and sing from the heart. Make sure to stop by their performance on Monday, April 23rd at 2:30pm in the East Dining Room to sing-a-long to the old favorites you know and love.

Monte Watters has been playing the piano since early childhood. He comes from a musical family and performed often with his parents and siblings throughout the Northwest. His musical influences range from Floyd Cramer to Ray Charles and Jim Brickman. Monte will be performing at Homewoods on Monday, April 30th at 2:30pm.

Hope Teams International

Benefit Concert

Thursday, April 19th at Valley View Church
Leaving Homewoods at 6:15pm

Help support an amazing cause with an evening of delicious refreshments and beautiful music. Pianist Michael Allen Harrison will be performing at Valley View Church to help raise money for Hope Teams International, a program that provides daily essentials to children around the world. Michael is an American composer, songwriter, and pianist from Portland, Oregon. His unique brand of music ranges from movie scores to passionate arrangements for piano, orchestra, ballet, jazz, fusion, smooth jazz, pop, New Age, and contemporary adult. Homewoods will be providing transportation to this event. If you plan to attend, you must sign up at the front desk **before Monday, April 2nd** to secure your ticket. Tickets cost $15.00 per person. Please have your payment ready when you sign up.

Earth Day

Sunday, April 22, 2018

On April 22, 1970 people took to the streets to protest the negative impact of 150 years of industrial development. Global ecological awareness began to grow and in July, 1970, President Nixon and the US Congress created the Environmental Protection Agency and laws such as the Clean Water Act and the Endangered Species Act, among many more.

Earth Day is now a global event. Each year it is believed that more than 1 billion people, in 192 countries, now take part in what is the largest civic-focused day of action in the world. People march, sign petitions, meet with their elected officials, plant trees, and clean up their towns and roads.

Earth Day, **2018** will focus on ending plastic pollution. Did you know that a collection of garbage off the California coast is estimated to be twice the size of Texas? The Great Pacific Patch has six times as much plastic as there is sea life in the area. To protect our waterways and marine life, educate yourself and remember that these small changes can have a big impact.

1. Wean yourself off disposable plastics: Ninety percent of the plastic items in our daily lives are used **ONCE** and then thrown away. Take note as to how often you use grocery bags, plastic wrap, disposable cutlery, straws, and coffee-cup lids and replace them with reusable versions. It only takes a few times of bringing your own bags to the store, silverware to the office, or travel mug to Starbucks before it becomes habit.

2. Stop buying water: Each year, close to 20 million plastic bottles are tossed into the trash. Get into the habit of carrying a reusable bottle in your bag.

3. Support a bag tax or ban: Urge your elected officials to follow the lead of those in San Francisco, Chicago, and close to 150 cities and countries by introducing or supporting legislation that would make plastic-bag use less desirable.

4. Buy in bulk: Single-serving yogurts, travel-size toiletries, tiny packages of nuts—consider the product-packaging ratio of items you tend to buy often and select the bigger container instead of buying several smaller ones at a time.

5. RECYCLE: This may seem obvious, but we're not doing a great job of it. Every year, 254 million tons of trash is discarded while only 34% of it is recycled. We discard 33 million tons of plastic every year but only 3 million tons, or 9%, is actually recycled.

A representative from Clackamas County will be giving a brief presentation during our Resident Council Meeting on Tuesday, April 17th to keep us informed on what is and what isn't recyclable.

New Residents at Homewoods

Bonnie Choate	213

Lets welcome all of our recent newcomers by always remembering to wear our name tags and a smile every day!

Homewoods' Mercantile

Open Daily
8:30-5:00pm

NO CASH will be accepted after 3:30pm daily, AND over the weekend. Thank you for understanding.