



October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key AR: Activity Room CY: Courtyard GR: Garden Room LB: Lobby EDR: East Dining Room WDR: West Dining Room 4th FAR: 4th Floor AR</p>	<p>Key * Sign-up sheet in the lobby ** Sign-up at the Front Desk required</p>	<p>October Birthstone: Tourmaline and the Opal Birth Flower: Calendula Zodiac Signs: Libra & Scorpio</p>				<p>1 World Vegetarian Day 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 11:30 Open Transportation—CANCELLED 1:30 Movie & Popcorn / AR (Silver Linings Playbook) 7:00 Bingo / AR</p>
<p>2 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR</p>	<p>3 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at Bi-Mart & Grocery Outlet * 2:00 Art Workshop / AR 2:00 Singing with Dan / LB 6:30 Pinochle / AR</p>	<p>4 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 10:30 Mountain Man Nut & Fruit Co. / LB 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 2:45 Ted's Mobility / LB 3:00 Wii Bowling & Popcorn / AR 6:30 Rummikub / AR</p>	<p>5 National Do Something Nice Day 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:00 Shopping at the Woodburn Premium Outlets * 6:30 Rummikub / AR</p>	<p>6 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 2:30 Bingo / AR 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR</p>	<p>7 9:30 Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB</p>	<p>8 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 1:30 Movie & Popcorn / AR (The Hours) 7:00 Bingo / AR</p>
<p>9 11:30 Sunday Harvest Brunch / DR ** 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR</p>	<p>10 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at the Milwaukie Marketplace * 2:00 Art Workshop / AR 6:30 Pinochle / AR</p>	<p>11 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 3:00 Wii Bowling & Popcorn / AR 6:30 Rummikub / AR 7:00 Bunco / EDR</p>	<p>12 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:00 Fall Bus Ride to Cascade Locks with Lunch at Bridgeside (formally known as Charburger) * 2:00 Autoharp Class / AR 6:30 Rummikub / AR</p>	<p>13 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 2:30 Bingo / AR 5:00 Birthday Dinner / DR (sign up at the front desk if it's your birthday month) 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR</p>	<p>14 9:30 Safeway * 10 & 11 Sit-n-Stretch—CANCELLED 11:00 Garments on the Go / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / EDR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB</p>	<p>15 National Poetry Day 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 1:30 Movie & Popcorn / AR (Brooklyn) 7:00 Bingo / AR</p>
<p>16 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR</p>	<p>17 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at Trader Joe's * 2:00 Art Workshop / AR 2:00 Singing with Dan / LB 6:30 Pinochle / AR</p>	<p>18 9:30 Shopping at Fred Meyer * 9:30 Treats are Served / EDR 10 & 11 Sit-n-Stretch / AR 10:00 Resident Council Meeting / EDR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 2:00 Watercolor with Melissa / 4th FAR 3:00 Wii Bowling & Popcorn / AR 6:30 Rummikub / AR</p>	<p>19 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:30 Lunch at The Original Taco House * 6:30 Rummikub / AR</p>	<p>20 9:00 Yoga / 4th FAR 9:30 Eyeglass Adjustment / LB 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 1:30 Blood Pressure Check with Willamette View / LB 2:00 Hearing Clinic / 4th FAR 2:30 Bingo / AR 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR</p>	<p>21 9:30 Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB</p>	<p>22 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 12:30 Homewoods Harvest Festival / DR ** 1:30 Movie & Popcorn—CANCELLED DUE TO THE HARVEST FESTIVAL 7:00 Bingo / AR</p>
<p>23 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR</p>	<p>24 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at The Oregon City Shopping Center * 2:00 Art Workshop / AR 2:30 Performance by MCTUG: The Milwaukie Center Thursday Ukulele Group / EDR 6:30 Pinochle / AR</p>	<p>25 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 3:00 Wii Bowling & Popcorn—CANCELLED 3:00 Performance by Nehemiahiah Brown / EDR 6:30 Rummikub / AR 7:00 Bunco / EDR</p>	<p>26 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 1:00 Bauman's Farm and Garden * 2:00 Autoharp Class / AR 6:30 Rummikub / AR</p>	<p>27 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 2:30 Bingo / AR 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR</p>	<p>28 National Make a Difference Day 9:30 Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB</p>	<p>29 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 1:30 Movie & Popcorn / AR (Young Frankenstein) 7:00 Bingo / AR</p>
<p>30 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR</p>	<p>31 HALLOWEEN 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at New Seasons * 2:00 Art Workshop / AR 2:30 Performance by the Portland Tap Connection / EDR 6:30 Pinochle / AR</p>		<p>Yoga Please be aware that Yoga will now be at 9:00am, in the 4th Floor Activity Room, on Monday and Thursday Mornings!</p>	<p>The Writer's Club The Writer's Club has moved to 10:15am on Monday mornings, located in the 4th Floor Activity Room.</p>	<p>Flu Shot Clinic Flu Shots will be administered on Tuesday, October 4th in the 4th Floor Activity Room between 10-12:00pm.</p>	