

# November 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1</b></p> <p>9:30 Shopping at Fred Meyer *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:30 Mountain Man Nut &amp; Fruit Co. / LB</p> <p>11:45 Bank / P.O. *</p> <p>1:00 Bible Study / AR</p> <p>1:00 Pool Lessons—CANCELLED</p> <p>1:30 Medical Transport. **</p> <p>2:45 Ted's Mobility / LB</p> <p>3:00 Wii Bowling &amp; Popcorn / AR</p> <p>6:30 Rummikub / AR</p>	<p><b>2</b></p> <p>9:00 Craft Class / EDR</p> <p>9:30 Men's Coffee / EDR</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:00 Shopping at the Clackamas Town Center *</p> <p>6:30 Rummikub / AR</p>	<p><b>3</b></p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:00 Open Transport. **</p> <p>1:00 Memory Games / AR</p> <p>2:30 Bingo / AR</p> <p>6:30 Mex. Train Dominoes / LB</p> <p>7:00 Bridge / AR</p>	<p><b>4</b></p> <p>9:30 Shopping at Safeway *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:00 Walgreens / Bank / P.O. / Dollar Tree / Library *</p> <p>1:00 Tai Chi / AR</p> <p>6:30 Pinochle / AR</p> <p>6:45 Mex. Train Dominoes / LB</p>	<p><b>5</b></p> <p>10:00 Homewoods Fall Theater Group / EDR</p> <p>10:30 Current Events / 4th FAR</p> <p>11:30 Open Transportation **</p> <p>1:30 Movie &amp; Popcorn / AR (Ricki and the Flash)</p> <p>7:00 Bingo / AR</p>	
<p><b>6</b></p> <p>2:30 Church Service / EDR</p> <p>5:00 Resident Potluck / AR</p> <p>6:30 Rummikub / AR</p>	<p><b>7</b></p> <p>9:00 Medical Transport. **</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:15 The Writer's Club / 4th FAR</p> <p>2:00 Shopping at Bi-Mart and Grocery Outlet *</p> <p>2:00 Art Workshop / AR</p> <p>2:00 Signing with Dan / LB</p> <p>6:30 Pinochle / AR</p>	<p><b>8</b></p> <p>9:30 Shopping at Fred Meyer *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:45 Bank / P.O. *</p> <p>1:00 Bible Study / AR</p> <p>1:00 Pool Lessons / 2nd Floor Pool Table</p> <p>1:30 Medical Transport. **</p> <p>3:00 Wii Bowling &amp; Popcorn / AR</p> <p>6:30 Rummikub / AR</p> <p>7:00 Bunco / EDR</p>	<p><b>9</b></p> <p>9:00 Craft Class / EDR</p> <p>9:30 Men's Coffee / EDR</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>2:00 Autoharp Class / AR</p> <p>2:30 Veteran's Program: Let's Honor our Veterans / EDR</p> <p>6:30 Rummikub / AR</p>	<p><b>10 National Vanilla Cupcake Day</b></p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:00 Open Transport. **</p> <p>1:00 Memory Games / AR</p> <p>2:00 Vanilla Cupcake Celebration / LB</p> <p>2:30 Bingo / AR</p> <p>5:00 Birthday Dinner / DR (sign up at the front desk if it's your birthday month)</p> <p>6:30 Mex. Train Dominoes / LB</p> <p>7:00 Bridge / AR</p>	<p><b>11 Veteran's Day</b></p> <p>9:30 Shopping at Safeway *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:00 Walgreens / Bank / P.O. / Dollar Tree / Library *</p> <p>12:00 Veteran's Day Luncheon / DR **</p> <p>1:00 Tai Chi—CANCELLED</p> <p>6:30 Pinochle / AR</p> <p>6:45 Mex. Train Dominoes / LB</p>	<p><b>12</b></p> <p>9:00 Resident Breakfast / DR *</p> <p>10:00 Homewoods Fall Theater Group / EDR</p> <p>1:30 Movie &amp; Popcorn / AR (The First Wives Club)</p> <p>7:00 Bingo / AR</p>
<p><b>13 World Kindness Day</b></p> <p>1:00 Opera at Portland State: The Place Where You Started **</p> <p>2:30 Church Service / EDR</p> <p>5:00 Resident Potluck / AR</p> <p>6:30 Rummikub / AR</p>	<p><b>14</b></p> <p>9:00 Medical Transport. **</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:15 The Writer's Club / 4th FAR</p> <p>2:00 Shopping at the Milwaukie Marketplace *</p> <p>2:00 Art Workshop / AR</p> <p>2:00 Resident Talent Show / EDR</p> <p>6:30 Pinochle / AR</p>	<p><b>15</b></p> <p>9:30 Shopping at Fred Meyer *</p> <p>9:30 Treats are Served / EDR</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:00 Resident Council / EDR</p> <p>11:45 Bank / P.O. *</p> <p>1:00 Bible Study / AR</p> <p>1:00 Pool Lessons / 2nd Floor Pool Table</p> <p>1:30 Medical Transport. **</p> <p>2:00 Watercolor with Melissa / 4th FAR</p> <p>3:00 Wii Bowling &amp; Popcorn / AR</p> <p>6:30 Rummikub / AR</p>	<p><b>16</b></p> <p>9:00 Craft Class / EDR</p> <p>9:30 Men's Coffee / EDR</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>12:00 Chinese Food Lunch at Canton Grill *</p> <p>2:00 Autoharp Class / AR</p> <p>6:30 Rummikub / AR</p>	<p><b>17</b></p> <p>9:30 Eyeglass Adjustment / LB</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:00 Open Transport. **</p> <p>1:00 Memory Games / AR</p> <p>1:30 Blood Pressure Check with Willamette View / LB</p> <p>2:00 Hearing Clinic / 4th FAR</p> <p>2:30 Bingo / AR</p> <p>6:30 Mex. Train Dominoes / LB</p> <p>7:00 Bridge / AR</p>	<p><b>18</b></p> <p>9:30 Shopping at Safeway *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:00 Homewoods Holiday Bazaar / LB</p> <p>11:00 Walgreens / Bank / P.O. / Dollar Tree / Library *</p> <p>1:00 Tai Chi / AR</p> <p>6:30 Pinochle / AR</p> <p>6:45 Mex. Train Dominoes / LB</p>	<p><b>19</b></p> <p>10:00 Homewoods Fall Theater Group / EDR</p> <p>1:30 Movie &amp; Popcorn / AR (Home for the Holidays)</p> <p>7:00 Bingo / AR</p>
<p><b>20</b></p> <p>2:30 Church Service / EDR</p> <p>5:00 Resident Potluck / AR</p> <p>6:15 Lake Oswego Millennium Concert Band *</p> <p>6:30 Rummikub / AR</p>	<p><b>21 World Hello Day</b></p> <p>9:00 Medical Transport. **</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:15 The Writer's Club / 4th FAR</p> <p>2:00 Shopping at Trader Joe's *</p> <p>2:00 Art Workshop / AR</p> <p>2:00 Singing with Dan / LB</p> <p>6:30 Pinochle / AR</p>	<p><b>22</b></p> <p>9:30 Shopping at Fred Meyer *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:45 Bank / P.O. *</p> <p>1:00 Bible Study / AR</p> <p>1:00 Pool Lessons / 2nd Floor Pool Table</p> <p>1:30 Medical Transport. **</p> <p>2:30 Piano Performance by Jennifer Goodenberger / LB</p> <p>3:00 Wii Bowling—CANCELLED</p> <p>6:30 Rummikub / AR</p> <p>7:00 Bunco / EDR</p>	<p><b>23</b></p> <p>9:00 Craft Class / EDR</p> <p>9:30 Men's Coffee / EDR</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>2:30 Ice Cream Social / EDR *</p> <p>6:30 Rummikub / AR</p>	<p><b>24 Happy Thanksgiving</b></p> <p>Dinner will be served at 12:00pm. Please sign up at the Front Desk if you plan to attend. Thank You .</p>	<p><b>25</b></p> <p>9:30 Shopping at Safeway *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:00 Walgreens / Bank / P.O. / Dollar Tree / Library *</p> <p>1:00 Tai Chi—CANCELLED</p> <p>6:30 Pinochle / AR</p> <p>6:45 Mex. Train Dominoes / LB</p>	<p><b>26</b></p> <p>10:00 Homewoods Fall Theater Group / EDR</p> <p>1:30 Movie &amp; Popcorn / AR (The Preacher's Wife)</p> <p>7:00 Bingo / AR</p>
<p><b>27</b></p> <p>2:30 Church Service / EDR</p> <p>5:00 Resident Potluck / AR</p> <p>6:30 Rummikub / AR</p>	<p><b>28</b></p> <p>9:00 Medical Transport. **</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>10:15 The Writer's Club / 4th FAR</p> <p>2:00 Shopping at the Oregon City Shopping Center *</p> <p>2:00 Art Workshop / AR</p> <p>2:30 Performance by Larry Kennedy / EDR</p> <p>6:30 Pinochle / AR</p>	<p><b>29</b></p> <p>9:30 Shopping at Fred Meyer *</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:45 Bank / P.O. *</p> <p>1:00 Bible Study / AR</p> <p>1:00 Pool Lessons / 2nd Floor Pool Table</p> <p>1:30 Medical Transport. **</p> <p>2:30 Healthy Heart Social : Diabetes Prevention / EDR</p> <p>3:00 Wii Bowling—CANCELLED</p> <p>6:30 Rummikub / AR</p>	<p><b>30</b></p> <p>9:00 Craft Class / EDR</p> <p>9:30 Men's Coffee / EDR</p> <p>10 &amp; 11 Sit-n-Stretch / AR</p> <p>11:30 City Bus Ride and Lunch at the Chart House *</p> <p>6:30 Rummikub / AR</p>	<p><b>November</b></p> <p>Birthstone: Topaz</p> <p>Birth Flower: Chrysanthemum</p> <p>Zodiac Signs: Scorpio and Sagittarius</p>	<p><b>Key</b></p> <p>AR: Activity Room CY: Courtyard GR: Garden Room LB: Lobby EDR: East Dining Room WDR: West Dining Room 4th FAR: 4th Floor AR</p>	<p><b>Key</b></p> <p>* Sign-up sheet in the lobby</p> <p>** Sign-up at the Front Desk required</p>