



October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key AR: Activity Room CY: Courtyard GR: Garden Room LB: Lobby EDR: East Dining Room WDR: West Dining Room 4th FAR: 4th Floor AR	Key * Sign-up sheet in the lobby ** Sign-up at the Front Desk required	October Birthstone: Tourmaline and the Opal Birth Flower: Calendula Zodiac Signs: Libra & Scorpio				1 World Vegetarian Day 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 11:30 Open Transportation—CANCELLED 1:30 Movie & Popcorn / AR (Silver Linings Playbook) 7:00 Bingo / AR
2 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	3 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at Bi-Mart & Grocery Outlet * 2:00 Art Workshop / AR 2:00 Singing with Dan / LB 6:30 Pinochle / AR	4 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 10:30 Mountain Man Nut & Fruit Co. / LB 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 2:45 Ted's Mobility / LB 3:00 Wii Bowling & Popcorn / AR 6:30 Rummikub / AR	5 National Do Something Nice Day 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:00 Shopping at the Woodburn Premium Outlets * 6:30 Rummikub / AR	6 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 2:30 Bingo / AR 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR	7 9:30 Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB	8 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 1:30 Movie & Popcorn / AR (The Hours) 7:00 Bingo / AR
9 11:30 Sunday Harvest Brunch / DR ** 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	10 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at the Milwaukie Marketplace * 2:00 Art Workshop / AR 6:30 Pinochle / AR	11 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 3:00 Wii Bowling & Popcorn / AR 6:30 Rummikub / AR 7:00 Bunco / EDR	12 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:00 Fall Bus Ride to Cascade Locks with Lunch at Bridgeside (formally known as Charburger) * 2:00 Autoharp Class / AR 6:30 Rummikub / AR	13 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 2:30 Bingo / AR 5:00 Birthday Dinner / DR (sign up at the front desk if it's your birthday month) 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR	14 9:30 Safeway * 10 & 11 Sit-n-Stretch—CANCELLED 11:00 Garments on the Go / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / EDR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB	15 National Poetry Day 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 1:30 Movie & Popcorn / AR (Brooklyn) 7:00 Bingo / AR
16 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	17 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at Trader Joe's * 2:00 Art Workshop / AR 2:00 Singing with Dan / LB 6:30 Pinochle / AR	18 9:30 Shopping at Fred Meyer * 9:30 Treats are Served / EDR 10 & 11 Sit-n-Stretch / AR 10:00 Resident Council Meeting / EDR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 2:00 Watercolor with Melissa / 4th FAR 3:00 Wii Bowling & Popcorn / AR 6:30 Rummikub / AR	19 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:30 Lunch at The Original Taco House * 6:30 Rummikub / AR	20 9:00 Yoga / 4th FAR 9:30 Eyeglass Adjustment / LB 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 1:30 Blood Pressure Check with Willamette View / LB 2:00 Hearing Clinic / 4th FAR 2:30 Bingo / AR 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR	21 9:30 Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB	22 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 12:30 Homewoods Harvest Festival / DR ** 1:30 Movie & Popcorn—CANCELLED DUE TO THE HARVEST FESTIVAL 7:00 Bingo / AR
23 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	24 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at The Oregon City Shopping Center * 2:00 Art Workshop / AR 2:30 Performance by MCTUG: The Milwaukie Center Thursday Ukulele Group / EDR 6:30 Pinochle / AR	25 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:00 Pool Lessons, 2nd Floor Pool Table 1:30 Medical Transport. ** 3:00 Wii Bowling & Popcorn—CANCELLED 3:00 Performance by Nehemiahiah Brown / EDR 6:30 Rummikub / AR 7:00 Bunco / EDR	26 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 1:00 Bauman's Farm and Garden * 2:00 Autoharp Class / AR 6:30 Rummikub / AR	27 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 2:30 Bingo / AR 6:30 Mex. Train Dominoes / LB 7:00 Bridge / AR	28 National Make a Difference Day 9:30 Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens / Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 6:30 Pinochle / AR 6:30 Mex. Train Dominoes / LB	29 10:00 Homewoods Fall Theater Group / AR 10:30 Current Events / 4th FAR 1:30 Movie & Popcorn / AR (Young Frankenstein) 7:00 Bingo / AR
30 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	31 HALLOWEEN 9:00 Medical Transport. ** 9:00 Yoga / 4th FAR 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at New Seasons * 2:00 Art Workshop / AR 2:30 Performance by the Portland Tap Connection / EDR 6:30 Pinochle / AR		Yoga Please be aware that Yoga will now be at 9:00am, in the 4th Floor Activity Room, on Monday and Thursday Mornings!	The Writer's Club The Writer's Club has moved to 10:15am on Monday mornings, located in the 4th Floor Activity Room.	Flu Shot Clinic Flu Shots will be administered on Tuesday, October 4th in the 4th Floor Activity Room between 10-12:00pm.	