


# January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>  2:30 Church Service / EDR 5:00 Resident Potluck— <b>CANCELLED</b> 6:30 Rummikub / AR	<b>2</b> 9:00 Medical Transport. ** 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 11:00 Walking Group Meeting / EDR 2:00 Shopping at Bi-Mart and Grocery Outlet * 2:00 Art Workshop / AR 2:00 Singing with Dan / LB 6:30 Pinochle / AR	<b>3</b> 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:00 Mountain Man Nut & Fruit Co. / LB (New Time) 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:30 Medical Transport. ** 2:45 Ted's Mobility / LB 6:30 Rummikub / AR	<b>4</b> 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 1:30 Afternoon Movie at Clackamas Town Center—Collateral Beauty 6:30 Rummikub / AR	<b>5</b> 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 1:00 Memory Games / AR 2:00 Dining Services Meeting / EDR 2:30 Bingo / AR 7:00 Bridge / AR	<b>6</b> 9:30 Shopping at Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens/ Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 3:00 Wii Bowling & Popcorn / AR 6:30 Pinochle / AR 6:45 Mex. Train Dominoes— <b>CANCELLED</b> 7:00 12th Night Celebration / LB	<b>7</b> 10:30 Current Events / 4th FAR 11:30 Open Transportation ** 1:30 Movie & Popcorn— <b>CANCELLED</b> (due to the AARP Driving Course) 7:00 Bingo / AR
<b>8</b> 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	<b>9</b> 9:00 Medical Transport. ** 10 & 11 Sit-n-Stretch / AR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at the Milwaukie Marketplace * 2:00 Art Workshop / AR 2:30 Musical Performance by Solo Saxophone Player, Edd English / EDR 6:30 Pinochle / AR	<b>10</b> 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:30 Medical Transport. ** 6:30 Rummikub / AR 7:00 Bunco / EDR	<b>11</b> 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:30 Lunch at Gustav's * 2:00 Autoharp Class / AR 6:30 Rummikub / AR	<b>12</b> 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 10:00 Yoga / EDR 1:00 Memory Games / AR 2:30 Bingo / AR 5:00 Birthday Dinner / DR (sign up at the front desk if it's your birthday month) 7:00 Bridge / AR	<b>13</b> 9:30 Shopping at Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens/ Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 3:00 Wii Bowling & Popcorn / AR 6:30 Pinochle / AR 6:45 Mex. Train Dominoes / LB	<b>14</b> 9:00 Resident Breakfast / DR * 1:30 Movie & Popcorn / AR (Nine Months) 7:00 Bingo / AR
<b>15</b> 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	<b>16</b> 9:00 Medical Transport. ** 10 & 11 Sit-n-Stretch / AR 10:00 Yoga / EDR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at Trader Joe's * 2:00 Art Workshop / AR 2:00 Singing with Dan / LB 6:30 Pinochle / AR	<b>17</b> 9:30 Shopping at Fred Meyer * 9:30 Treats are Served / EDR 10 & 11 Sit-n-Stretch / AR 10:00 Resident Council / EDR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:30 Medical Transport. ** 2:30 Performance by Nehemiah Brown / EDR 6:30 Rummikub / AR	<b>18</b> 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 10 & 11 Sit-n-Stretch / AR 11:30 Lunch at GG's Deli and a Visit to the Portland Art Museum for the Exhibit of Corita Kent: Spiritual Pop * 6:30 Rummikub / AR	<b>19</b> 9:30 Eyeglass Adjustment / LB 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 10:00 Yoga / EDR 1:00 Memory Games / AR 1:30 Blood Pressure Checks with Willamette View / LB 2:00 Hearing Clinic / 4th FAR 2:00 Dining Services Meeting / EDR 2:30 Bingo / AR 7:00 Bridge / AR	<b>20</b> 9:30 Shopping at Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens/ Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 2:15 Happy Hour at Homewood Heights * 3:00 Wii Bowling & Popcorn / AR 6:30 Pinochle / AR 6:45 Mex. Train Dominoes / LB	<b>21</b> 1:30 Movie & Popcorn / AR (While You Were Sleeping) 7:00 Bingo / AR
<b>22</b> 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	<b>23</b> 9:00 Medical Transport. ** 10 & 11 Sit-n-Stretch / AR 10:00 Yoga / EDR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at the Oregon City Shopping Center * 2:00 Art Workshop / AR 6:30 Pinochle / AR	<b>24</b> 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:30 Medical Transport. ** 6:30 Rummikub / AR 7:00 Bunco / EDR	<b>25</b> 9:00 Craft Class / EDR 9:30 Men's Coffee / EDR 9:30 Lunch at Spirit Mountain Casino * 10 & 11 Sit-n-Stretch / AR 2:00 Autoharp Class / AR 6:30 Rummikub / AR	<b>26</b> 10 & 11 Sit-n-Stretch / AR 10:00 Open Transport. ** 10:00 Yoga / EDR 1:00 Memory Games / AR 2:30 Bingo / AR 7:00 Bridge / AR	<b>27</b> 9:30 Shopping at Safeway * 10 & 11 Sit-n-Stretch / AR 11:00 Walgreens/ Bank / P.O. / Dollar Tree / Library * 1:00 Tai Chi / AR 3:00 Wii Bowling & Popcorn / AR 6:30 Pinochle / AR 6:45 Mex. Train Dominoes / LB	<b>28</b> 1:30 Movie & Popcorn / AR (One Fine Day) 7:00 Bingo / AR
<b>29</b> 2:30 Church Service / EDR 5:00 Resident Potluck / AR 6:30 Rummikub / AR	<b>30</b> 9:00 Medical Transport. ** 10 & 11 Sit-n-Stretch / AR 10:00 Yoga / EDR 10:15 The Writer's Club / 4th FAR 2:00 Shopping at New Seasons * 2:00 Art Workshop / AR 6:30 Pinochle / AR	<b>31</b> 9:30 Shopping at Fred Meyer * 10 & 11 Sit-n-Stretch / AR 11:45 Bank / P.O. * 1:00 Bible Study / AR 1:30 Medical Transport. ** 2:00 Watercolor with Melissa / 4th FAR 3:00 Healthy Heart Social/ EDR 6:30 Rummikub / AR	<b>January</b> Birthstone: Garnet Birth Flower: Carnation Zodiac Signs: Capricorn and Aquarius.	<b>Key</b> AR: Activity Room CY: Courtyard GR: Garden Room LB: Lobby EDR: East Dining Room WDR: West Dining Room 4th FAR: 4th Floor AR	<b>Key</b> * Sign-up sheet in the lobby ** Sign-up at the Front Desk required	